

AFTERCARE

For anti-wrinkle treatments

Do not touch or massage the area.

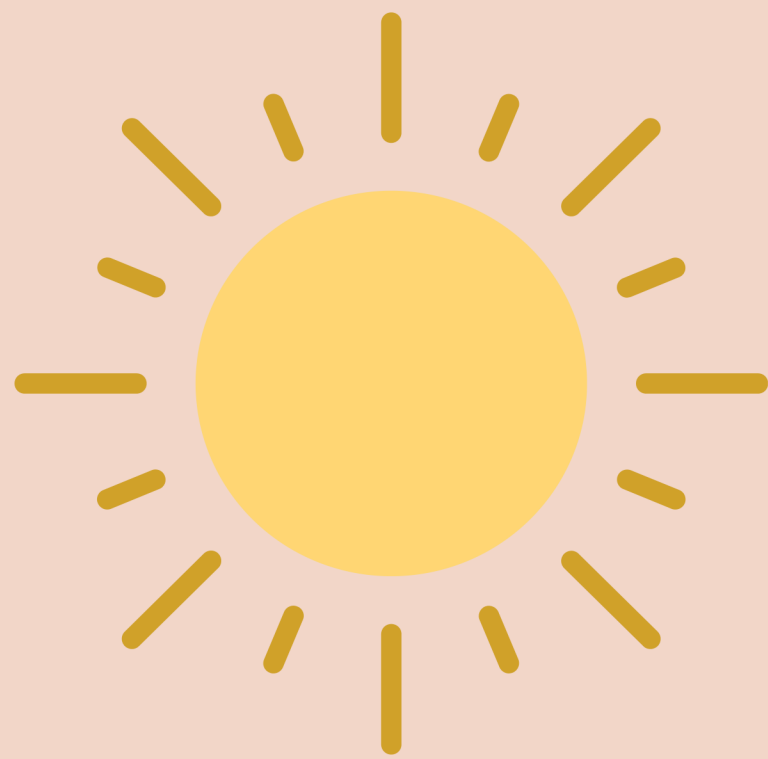
Avoid applying make up to treated areas for 24 hours.

Cold compress.

Avoid directly applying ice. Cool packs are preferred. This will help with injection site bumps, however these tend to go down on their own pretty quickly with out intervention.

Avoid strenuous exercises for 48 hours.

As it can potentially cause the toxin to move and risk complications, Normal daily activities can be resume, stay upright and avoid laying down immediately after treatment, advised 4 hours.



Avoid extreme heats.

please do not expose the area to intense heat for 2 weeks. Eg sunbeds, sunbathing or extreme cold.

Drink plenty of fluids.

It is not uncommon to complain of headaches post treatment.. drink plenty and manage with paracetamol.



Put off other skin treatments.

Wait 2 weeks or after your review before any facials or anything similar. Facials are a great add on to your anti-wrinkle treatment to consider.

Book your 2-3 week review

This can be done when booking your treatment in, or I can assist while at your appointment. Massester and under sweating review is 4-6 weeks.



REMEMBER

Lumps and bumps are normal to feel and see in the first hour or 2.

Allow the full 14 days for it to take effect.

Complications include brow or lid ptosis and spok brow. This will be discussed at your consultation.

A full medical consultation/facial mapping is required prior to any toxin injections.

Injections last a 12 week cycle. You cannot repeat treatment until this time.

The injections suppress the movement of targeted muscles leaving smooth and refreshed dewy skin!

Longevity is subjective to the client; existing skin quality, muscle strength, metabolism, lifestyle factors.